

<u>Themes</u>	<u>Concept</u>	<u>Language Arts</u>		<u>Math</u>		<u>Science</u>	
Food/Cooking- Gr K1- Fall		<u>Activities</u>	<u>Resources</u>	<u>Activities</u>	<u>Resources</u>	<u>Activities</u>	<u>Resources</u>
<p style="text-align: center;"><u>Values</u></p> <p>Respect Love Cooperation Sharing Self-esteem Compassion Responsibility Success Conflict resolution</p>	Vegetables	<p>Students will brainstorm all the vegetables they know about. Students will create as a class an alphabet book on vegetables. Each student will create an illustration and letter for at least one letter. Get creative with q, x, z.</p> <p>Students will for homework ask parents what they remember about their kokum's garden. Students will share the information they found in in a sharing circle.</p> <p>CELS: COMMUNICATION CRITICAL AND CREATIVE THINKING PERSONAL AND SOCIAL VALUES AND SKILLS</p>	nonfiction books on vegetables	<p>Survey students in Grade 1 What is their favorite vegetable? Grade1's then interview their reading buddies for favorite vegetables. Students could have a worksheet with pictures of 10 vegetables for students to choose from. Collect information Each student share their information with class. Students count how many students liked each and use a simple bar graph to show results.</p> <p>Students can also use dried peas or beans (kidney, pinto etc) for counters</p> <p>CELS: COMMUNICATION NUMERACY PERSONAL AND SOCIAL VALUES AND SKILLS</p>		<p>Review the parts of the plant Roots stems flowers leaves seeds</p> <p>Which part of the plant do we eat? peas- seeds carrot- root asparagus- stem lettuce- leaves</p> <p>Students will make a mini book called parts of plants that we eat. We eat the stem of ____. We eat the root of ____. etc</p> <p>CELS CRITICAL AND CREATIVE THINKING INDEPENDENT LEARNING</p>	Poster on parts of plant

Social Studies		Health		Arts		Phys. Ed	
<u>Activities</u>	<u>Resources</u>	<u>Activities</u>	<u>Resources</u>	<u>Activities</u>	<u>Resources</u>	<u>Activities</u>	<u>Resources</u>
<p>Families in the past</p> <p>Where did people get their vegetables? Who worked in the garden? How did people preserve vegetables so they lasted all winter?</p> <p>Have an elder come in and talk about gardening and canning .</p> <p>If possible have a sample of canned food. Pickles.</p> <p>Have students plan a garden to grow all the vegetables they like if there was not a store.</p> <p>CELS: COMMUNICATION PERSONAL AND SOCIAL VALUES AND SKILLS CRITICAL AND CREATIVE THINKING</p>	elder	<p>Review <i>Canada's food Guide</i></p> <p>How many servings of fruit and vegetables do we need? 5 servings for children 4 to 8</p> <p>Explain what a serving is. Vegetables and Fruit</p> <p>125 mL (½ cup) fresh, frozen or canned vegetable or fruit or 100% juice</p> <p>250 mL (1 cup) leafy raw vegetables or salad</p> <p>1 piece of fruit</p> <p>Have students plan their 5 servings for the week using as much variety as possible.</p> <p>Have students make a healthy vegetable snack such as carrots or celery and dip.</p> <p>CELS: CRITICAL AND CREATIVE THINKING COMMUNICATION</p>	<p><i>Canada's Food Guide</i>- can be printed off internet in color</p>	<p>Students will make a horn of plenty full of vegetables.</p> <p>Students will make vegetable sculptures using carrots, potatoes and peas. Digital pictures could be taken of these sculptures so that the carrots and potatoes could be used in a stew.</p> <p>Students can create a stamp out of half of a potato. They can draw their design on the bottom of the potato and an adult or reading buddy can cut the design so that student can use it as a stamp with acrylic paint.</p> <p>CELS: CRITICAL AND CRATIVE THINKING PERSONAL AND SOCIAL VALUES AND SKILLS</p>		<p>Students will play <i>Hot Potato</i></p> <p>Students will pass the ball in a circle until the music starts</p> <p>Students will help an elder harvest the vegetable from their garden. Pick potatoes, shell peas, pull carrots.</p> <p>CELS: PERSONAL AND SOCIAL VALUES AND SKILLS</p>	