Social Studies		<u>Health</u>		<u>Arts</u>		Phys. Ed	
Activities	Resources	Activities	Resources	Activities	Resources	Activities	Resources
Activities  Why do we celebrate National Aboriginal Day?  Teacher can read information on National Aboriginal Day on p 148 Métis Legacy II by Barkwell, Dorion and Hourie  Who are the aboriginal peoples of Canada?  In what ways do we practice our aboriginal culture?  Students will write a paragraph about their culture.  CELS: PERSONAL AND SOCIAL VALUES AND SKILLS COMMUNICATION	Resources  Métis Legacy II by Barkwell, Dorion and Hourie	Discovering Wellness Patterns  Discuss: How does understanding your culture improve your total wellness?  Students will split a paper into 4 parts. They will draw how their culture helps them emotionally, physically, spiritually and intellectually.  CELS: COMMUNICATION CRITICAL AND CREATIVE THINKING PERSONAL AND SOCIAL	Resources	Activities  Students will listen to the Red River Jig.  A resource person will show them how to clap and play spoons to the music.  Students will practice finding the beat and playing spoons  Students will practice their Red River Jig.  Spoons will be introduced as an instrument 169  Métis Legacy II by Barkwell, Dorion and Hourie  CELS: CRITICAL AND CREATIVE THINKING PERSONAL AND SOCIAL VALUES AND	Resources Spoon player  Singing to Keep Time  Métis Legacy II by Barkwell, Dorion and Hourie  Spoons	Students will play Northern rubber ball Before playing as a class students will brainstorm the rules of rubber ball.  CELS: COMMUNICATION PERSONAL AND SOCIAL VALUES AND SKILLS	Resources rubber ball, bat