

<u>Themes</u>	<u>Concept</u>	<u>Language Arts</u>		<u>Math</u>		<u>Science</u>	
Food & Cooking		<u>Activities</u>	<u>Resources</u>	<u>Activities</u>	<u>Resources</u>	<u>Activities</u>	<u>Resources</u>
Kindergarten Grade One Spring/Summer <u>Values</u> Respect Love Cooperation Sharing Self-esteem Compassion Responsibility Success Conflict resolution	bannock	- Read: “ <i>I Don’t Have Bannock But The Beaver Has A Dam</i> ” Or “ <i>The Bannock Book</i> ” by Linda Ducharme Students retell the story using a beginning middle end story board. Students can use words and pictures Discuss steps on making bannock Use printed pictures from website to sequence the steps of bannock making Use pattern writing (have the underlined word missing) 1. Measure cups of <u>flour</u> 2. Make a well with flour in the <u>owl</u> 3. . . . Draw pictures to recreate the experience CELS: COMMUNICATION CRITICAL AND CREATIVE THINKING	<i>I Don’t Have Bannock But The Beaver Has A Dam</i> by Bernalda Wheeler <i>The Bannock Book</i> ” by Linda Ducharme Métis Math Curriculum Guide Bannock pictures from icsd.ca	Read as a class the recipe for bannock from “ <i>The Bannock Book</i> ” by Linda Ducharme Identify measuring words: Cup Teaspoon Tablespoon Students experiment with different containers, how many cups, teaspoon and tablespoons. This can be done outside with sand or at a water table inside Bannock recipe: 2 cups flour ½ tsp salt 2 tsp baking powder 4to 6 TBSP lard ¾ cup water CELS: COMMUNICATION CRITICAL AND CREATIVE THINKING INDEPENDENT LEARNING	Recipe for bannock “ <i>The Bannock Book</i> ” by Linda Ducharme CELS: COMMUNICATION CRITICAL AND CREATIVE THINKING INDEPENDENT LEARNING	Explore the 5 senses and bannock. Share ideas as a class. five senses <ul style="list-style-type: none"> • tasting • smelling • touching • seeing • hearing Web the ideas as a class. Challenge students to use a wide range of vocabulary. Good, tasty, delicious, yummy, great, mmmm etc. Make a five senses booklet about bannock. CELS: COMMUNICATION CRITICAL AND CREATIVE THINKING INDEPENDENT LEARNING	- fresh bannock

<u>Social Studies</u>		<u>Health</u>		<u>Arts</u>		<u>Phys. Ed</u>	
<u>Activities</u>	<u>Resources</u>	<u>Activities</u>	<u>Resources</u>	<u>Activities</u>	<u>Resources</u>	<u>Activities</u>	<u>Resources</u>
<p>Discussion about bannock. When do we have bannock? Who makes bannock?</p> <p>Make class notes about bannock and how it is important to our families.</p> <p>Draw a picture of a bannock maker in their family.</p> <p>CELS: COMMUNICATION CRITICAL AND CREATIVE THINKING PERSONAL AND SOCIAL SKILLS AND VALUES</p>	<p>- chart paper</p> <p>- illustrations</p> <p>Pictures from icsd.ca</p>	<p>Students make bannock. Have parent and grandparent volunteers in to make bannock. Discuss with students how bannock can be part of a healthy diet. Remember it is part of bread and cereals group</p> <p><i>“The Bannock Book”</i> by Linda Ducharme has ideas for healthy bannock. Would you like to eat bannock this way? When should you eat this kind of bannock?</p> <p>CELS: CRITICAL AND CREATIVE THINKING PERSONAL AND SOCIAL SKILLS AND VALUES COMMUNICATION</p>	<p>Parents/grandparents</p> <p>Flour Baking Powder Syrup</p> <p>Canada food guide</p> <p><i>“The Bannock Book”</i> by Linda Ducharme</p>	<p>- Sing: “We Like To Eat” #34– (Circle Program – Grade 1)</p> <p>Students will create bannock out of playdough. As a class they will do the actions -roll it, kneed it, poke, have students make their own. You could have a class “bannock and tea party” As a class debrief what happened at the party.</p> <p>CELS: COMMUNICATION PERSONAL AND SOCIAL SKILLS AND VALUES</p>	<p>- Sing: “We Like To Eat” #34 – (Circle Program – Grade 1)</p>	<p>- Use “We Like To Eat” : “Yummy Yummy” #27 (Circle Program Kindergarten) as a skipping chants</p> <p>Tell the students we are working off our bannock. When we make food choices it is important that we exercise to maintain balance.</p> <p>CELS: COMMUNICATION PERSONAL AND SOCIAL SKILLS AND VALUES INDEPENDENT LEARNING</p>	<p>- skipping ropes</p> <p>- Sing: “We Like To Eat” #34 – (Circle Program – Grade 1) #27 (Circle Program – Kindergarten)</p>